

Therapeutic Yoga & Ayurveda Teacher Training

{The TYATT}

Lead by Yasmin Fudakowska-Gow & special guests

Thank you so much for your interest in the Therapeutic Yoga & Ayurveda Teacher Training. To confirm your participation in this course, please review this document and fill in the application below.

APPLICATION

Participant's name: _____ **Date of Birth:** _____

Address: _____ **Postal Code:** _____

Tel: _____ **Alt. Tel:** _____

Email: _____ **Website:** _____

Number of years of yoga practice: _____

Experience practicing with Yasmin or another senior yoga teacher: _____

Favorite style(s) of yoga: _____

Application Questions:

(Please offer complete answers with detail and use a separate piece of paper)

1. Describe why and how you came to practicing yoga.
2. What does yoga mean to you?
3. Why do you want to teach therapeutic yoga? (if you already teach yoga, what do you love about it?)
4. Why do you want to do this particular teacher training?
5. Do you have any injuries or health issues? If so, please describe them.
6. Is there anything that might stand in your way of completing the TYATT program? (ie family, health, business, etc.?)

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Immersion into Advanced Yoga Practice & Therapeutic Teaching Essentials
2018-2019

Tuition: \$2,999 + tax

Includes:

- Full 200 hour TYATT program
 - Graduation certificate & related materials
 - Mentorship, Networking & potential teaching opportunities via Yasmin Yoga
 - Profile on www.yasminyoga.com (upon completion of the TYATT course)
- + TYATT graduates benefit special student pricing on future workshops and trainings with Yasmin Yoga

Not included:

Books, yoga props, and any other recommended study materials (estimated cost approximately \$50 - \$120 depending on what materials you already have)

Payment Plan: Tuition for TYATT is paid in one to six installments.

Schedule:

1 st Payment (Upon registration: Deposit):	\$500 + tax (\$574.88)
2 nd Payment (Oct 4, 2018):	\$500 + tax (\$574.88)
3 rd Payment (Nov. 15, 2018):	\$500 + tax (\$574.88)
4 th Payment (Mar 28, 2019):	\$500 + tax (\$574.88)
5 th Payment (Apr 25, 2019):	\$500 + tax (\$574.88)
6 th Payment (May 23, 2019):	\$499 + tax (\$573.73)

Discount of \$200 offered for payment of both Modules in full \$2,799 + tax (\$3,218.15) by Sept 18, 2018.

Things to consider

Yoga teachers make \$40 - \$150 per class depending on where the class is taught, who the students are and how much experience the instructor has. New teachers can expect to make about \$40-50 teaching a regular group class in a yoga studio. Therapeutic yoga teachers can offer private lessons too, which are usually \$80-\$100 per class.

Upon graduation, if you teach just one private and one group classes a week at the base salary, it will take you less than six months to recuperate your tuition from this course.

*+ But more importantly, this course teaches you how to **heal yourself and prevent injuries and/or illness**, which is PRICELESS...*

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COMMITMENT AGREEMENT

This agreement is between _____, hereafter referred to as the “participant” and Yasmin Fudakowska-Gow, director of the Therapeutic Yoga & Ayurveda Teacher Training, hereafter referred to as the “Director”.

By signing this document the participant understands and agrees to the following:

1. **Therapeutic Yoga & Ayurveda Teacher Training (TYATT)** is a 200 hour therapeutic yoga teacher training course that will run from Sept. 2018 – Jun. 2019.
2. The TYATT tuition is \$2,999 + tax and includes: *the full TYATT course as outlined in the syllabus, graduation certificate and related materials, online profile on the Yasmin Yoga website (upon completion of the course), and preferred rates on future workshops organized and/or taught by Yasmin Fudakowska-Gow.*
3. Books, yoga props and other recommended study materials are not included in the tuition fee.
4. Participants must submit a non-refundable deposit of \$500 + tax along with his/her course application. (Cheque to be made out to *Yasmin Yoga*)
5. The balance of the tuition (\$2,499 + tax) is paid with six post-dated checks following the schedule.
* Students can save \$200 of tuition by paying the balance in full by Sept 18, 2018.
6. The participant agrees to commit to the full 200 hour TYATT program and agrees to participate in all educational categories outlined in the 2018-2019 TYATT syllabus.
7. Should unforeseen circumstances arise that require the participant to cease participation in the course, the participant agrees to discuss the situation with the course director and accepts to pay the portion of the course completed as well as the non-refundable deposit.
8. The primary location of the TYATT program is Loft108, 377 St Paul St West #200, Montreal, Qc, H2Y 2A7. (Part of the program will be online and on occasion, workshops may be held at other locations. Advance warning will be given.)
9. The participant agrees to respect all participants and teachers, and agrees to help foster a harmonious environment. TYATT participants and graduates are also expected to be familiar with the ethical guidelines of the *Yoga Alliance* and adhere to them.
10. Part of the TYATT involves teaching assisting, teaching community yoga classes and other volunteer services, as explained in the syllabus.
11. The TYATT does not qualify participants to offer yoga teacher certification courses, nor can TYATT graduates operate as a ayurvedic practitioners with this certification alone.
12. Yasmin Yoga does not guarantee that it will employ participants upon graduation. However, the program ventures to assist successful graduates in finding teaching placements once certified.

Signed: _____ Date: _____